

MAC Resources

Family Ministries

*Belief Matters, © 2003. By: Josh McDowell

Evaluate Christian beliefs and how they affect others. This 5-session video series for adults includes: 2 videotapes, DVD, comprehensive group Leader's Guide, reproducible worksheets, companion book (*Beyond Belief to Convictions*) and Beyond Belief youth book (*The Deceivers*).



*Bringing Up Boys, © 2003, Tyndale House, with Dr. James Dobson.

Format: 12 sessions on six videocassettes, leader's guide, participant's guide, materials for a small group.



*Confident Parenting by Jim Burns. © 2007 by Bethany House.

This kit contains a DVD with six sessions featuring Dr. Jim Burns and a resource-packed CD-ROM with six small group leader's guides for use with DVD sessions, reproducible participant guides, and ideas for a church-sponsored marriage and family month, including sermon outlines, PowerPoint presentations, posters and bulletin inserts, and more. Sessions:

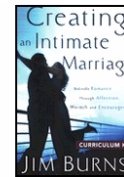
- Being a Confident Parent & Being the Transitional Generation
- The Lesson of Shema: A Road Map for Parenting
- The Lesson of the Sabbath: Finding Replenishment for Overcrowded Lives
- The Lesson of A.W.E.: Communicating with Affection, Warmth, and Encouragement
- The Lesson of Discipline and Grace: Creating a Grace-Filled Home
- The Lesson of the Blessing and the Legacy



*Creating an Intimate Marriage by Jim Burns. © 2007 by Bethany House.

Offering practical solutions for real-life issues, Burns shows husbands and wives how to make their relationship their first priority, repair past hurts, communicate, resolve conflict, and more. Kit includes DVD with six 15-minute sessions; and a resource-packed

CD-ROM with leader's guides for each session, reproducible participant guides, sermon outlines, PowerPoint presentations, and publicity tools.



*Divorce: Whatever Happened to Marriage? With John Eldredge. © 1999 by Focus on the Family.

Format: Videocassette with discussion guide.



Learn just how important marriage is and learn some of the people behind the high statistics of divorce. Running Time: 24 minutes.

*FIREPROOF Your Marriage. © 2008 Sony Pictures Home Entertainment Inc.

Format: DVD with Leader's Guide and Participant's Guide (1)



Fireproof Your Marriage is founded on Biblical principles for strong, God-centered, lifelong marriages. Engage in a 6-session study, using video clips from FIREPROOF, along with thought-provoking discussion questions and individual and couples' devotions.

Includes six sessions:

He Said/She Said: appreciating the God-designed differences between men and women

He First Loved Us: God's love for you and how it enables you to love others

Love for a Lifetime: marriage as a lifelong covenant

Breaking Free: freeing yourself from temptations that can destroy a marriage

Forgiveness: offering and receiving forgiveness

A Better Way of Loving: unconditional love.

* The Five Love Languages. ©2007. Gary Chapman. LifeWay Press.

Format: DVD, CD-ROM, Member Book.

Through fun-filled presentations before a live audience, Gary Chapman helps you identify your personal love language. He also helps you understand the love language of your spouse. Then he provides practical suggestions for enriching your marriage by practicing the other love languages.



This version provides multiple use options:

1. A short, 2-session setting or
2. As a 5–7 session study (with an introductory session, 5 sessions explaining one love language each, and a final session about the “in love” experience)

This Kit Contains:

- **DVDs of Dr. Chapman's messages**
- **1 Member Book**
- **CD-ROM containing viewer guides PDFs**
- **Leader helps**
- **The love language profile assessment tool**
- **The Five Love Languages Book**

*Flipt Family Experience. © 2006. Promiseland and Willow Creek Resources.
Format: DVD features 10 family devotions Bible Teaching clips, Scripture passages for each lesson in a kid-friendly version, age-appropriate discussion questions, and life application activities.



*Have a New Kid by Friday: How to change Your Child's Attitude, Behavior, and Character in 5 Days, with Dr. Kevin Leman. © 2009 The Sampson Company.

Format: DVD kit with six 30 minute video sessions, CD kit, workbook, leader guide, promo kit on CD, 12-minute preview of all six lessons, vinyl album.



Session 1: Wake up to reality: breaking free from the parent trap.

Session 2: Caution: Children growing up here! What kids need that parents must deliver.

Session 3: Staying connected to be respected: It's not an impossible dream!

Session 4: Check your attitude at the door: dudes and dudettes with 'tudes not permitted inside.

Session 5: The amazing race for self-esteem: Raising the bar of confidence without lowering the boom of discouragement.

Session 6: "Leman Secrets" for enjoying the journey: Little things mean a lot!

*Hidden Keys to Loving Relationships, with Gary Smalley. ©1993 by Relationships Today, Inc.

Format: 5-Videocassettes

Session 1: The Single Most Important Ingredient in Building a Loving Relationship.

Session 2: 4 Essential Elements Every Relationship Needs Daily to Succeed and Grow.

Session 3: Overcoming the Major Destroyer of Relationships.

Session 4: The Communication Method That Increases Intimacy and Understanding.

Session 5: How to Become Best Friends with Your Mate and Family

Session 6: How to Become Free from the Negative Emotions of Anger, Hurt Feelings, Loneliness, Worry and Fear.

*The Hurried Family Video Series. © by Dallas Christian Video.



Format: Ten Session video series

This series is a practical counsel for restoring calmness and rest to your Marriage, Family, Workplace, and to Your Relationship with God.

*Intimate Marriage. © 2005, InterVarsity Press, by Dan B. Allender & Tremper Longman III.



Format: Six sessions for small groups or couples on: Communication, Dreams and Demands, Family Ties, Forgiveness, Male and Female,

Sexual Intimacy. DVD clips included along with leader's guide, and bible studies.

*Love and Respect Ministry Conference. © Love and Respect Ministries, Inc, by Dr. Emerson and Sarah Eggerichs.

Format: 5 DVDs.

Session 1 Why We Negatively React to Each Other (The Crazy Cycle) - 84 minutes

Session 2 How a Husband Best Motivates His Wife (The Energizing Cycle Part I) - 83 minutes

Session 3 How a Wife Best Motivates Her Husband (The Energizing Cycle Part II) - 84 minutes

Session 4 Practical Application (Sarah Eggerichs) - 64 minutes

Session 5 The Ingredient That Motivates Us Beyond Our Marriage (The Rewarded Cycle) - 82 minutes

More info: loveandrespect.com



*Love Talk: Speak Each Other's Language Like You Never Have Before. © 2004. By Drs. Les and Leslie Parrot.

Format: DVD and leader guide for small groups, Bible studies, retreats, or personal use.

Sessions include:

1. Communication 101
2. The Foundation of Every Great Conversation
3. Your Personal Talk Style
4. The Secret to Emotional Connection
5. When Not to Talk
6. The Most Important Conversation You'll Ever Have

*Making Children Mind Without Losing Yours: How to Bring Out the Best in Your Kids By Doing What is Best for Them. © 2000 by The Sampson Ministry Resources.

Format: Six lessons on videotape, DVD of entire series, workbook, guide, audiocassette of all lessons, instruction guide for sessions



This study designed to guide parents to bring out the best in their children by doing what is best for them.

*Making Marriage Work: Overcoming the Struggles, Conflicts, and Misconceptions about Marriage. By Les and Leslie Parrot.

On *Making Marriage Work*, twenty couples share their deepest struggles, conflicts and misconceptions about marriage. This four part video series includes Biblical and practical tips to cultivate a healthy and happy marriage.



Format: Six Lessons, Four DVDs (Myths, Pressure, Conflict, Faith), Leader's Guide, Workbooks.

*The Making of a Marriage: Premarital Counseling for Couples who Care, with John Trent, Ph.D. © 1999 the Sampson Company.

Format: 4-sessions on videotape and audiocassette, facilitator's guide, workbook



This study will help couples determine whether they are suitable for one another and whether they are ready to marry.

*Marching to the Beat of a Different Drum: How to Recognize and Help Students with ADD/ADHD, with Paul Warren. © 2003 by Sampson Company.

Format: 6, 28-minute sessions on VHS, DVD, and CD, instruction guide for each lesson, and manual.

Whether you are a teacher, counselor, principal, parent, or other authority figure, chances are you're dealing with students who may have ADD or ADHD, and you feel the need to know more about these attention disorders that are the source of so much attention.

*Marriage: For Lover's Only. © 1992 by Priority 1 Publishing.

Format: 5-videocassette series with leader's discussion guide.

Sessions include: How to Build a Solid Foundation; How to Add Sizzle to Your Marriage; How to Really Love Your Spouse; How to Resolve Conflict; and Marriage in the Heart of Africa.

*Marriage Savers, Resource Collection: Proven Ways to Prevent Divorce. © 1994 by Michael J. McManus, produced and distributed by Quadrus Media.

Format: Six video presentations and 2 books, "Marriage Savers," and "Insuring Marriage."

Avoid a bad marriage before it begins.



*Mentoring Engaged and Newlywed Couples: Building Marriages that Love for a Lifetime. © 1996 by Les and Leslie Parrott.

Format: 5 video sessions with Participant's guide, leader's guide, and the book *Questions Couples Ask*.



The Parrotts supply the tools needed to effectively recruit, screen, and train mentoring couples.

*Parent Fuel, with Barry St. Clair. © 2007 by Reach Out Youth Solutions.

More than any other generation, today's children and teenagers find themselves disconnected from caring adults. They need love, security, and support from their parents now more than ever. How do parents relationally connect with their kids? How do

parents invest in their kids so they become Jesus focused? The **Parent Fuel Kit**, by Barry St. Clair, helps make that connection and has more fuel for your parenting fire!

Parent Fuel: For the Fire Inside our Kids:

This book will fuel the fire in our most important relationships- with Christ and our kids.

Parent Fuel Journal:

This journal gives you added motivation to implement what you discovered in the book.

Parent Fuel Audio CDs:

Presented live before parents, these six talks offer encouragement and guidance from Barry's parenting experience.

Parent Fuel DVD Series:

This series features Barry St. Clair and a variety of parents expressing their struggles and successes in parenting their kids, along with time for small group discussion.

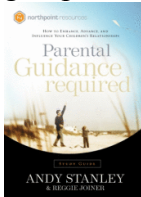
The **Parent Fuel Kit** offers an experienced voice and the equipping that parents need to connect with and invest in their kids.



***Parental Guidance Required**, with Andy Stanley. ©2004 by Random House, Inc.

Format: DVD

As parents, we need to do everything we can to enhance our children's relationship with us, to influence their relationships with those outside the home, and most importantly, to advance their relationship with God. Designed for use in personal study or in small groups, The *Parental Guidance Required* DVD and study guide are practical resources that will help parents to ask themselves the important questions: Am I economizing my time with my child, or am I investing in my child by carefully developing the quality of our relationship over the long haul? Am I striving to control the influence that friends have in my child's life? Am I nurturing a healthy, eternal perspective that will help my child to weather the inevitable storms of life? DVD include 4 complete sermons and six group sessions that correspond to the companion study guide.



***Parenting Teenagers for Positive Results**, with Jim Burns. © 2001 by Jim Burns, Group.

Format: 6-session study on VHS with leader's guide and participant's guides.

Parents will be equipped to parent their teen, encouraged and affirmed in their role, and able to forge lifeline friendships with other parents – so they can navigate the teen years with strength and confidence.

*Raising Great Kids: For Parents of Pre-schoolers, ages 0-5. © 2000, Zondervan. by Dr. Henry Cloud and Dr. John Townsend.

Format: A resource kit for all group sizes which teach parents of preschoolers to become more intentional and effective in their parenting, enabling them to raise great kids starting now with their zero to five year olds. Includes 1 leader's guide, 1 participant's guide, 1 120-minute video, and 1 softcover copy of Raising Great Kids. 6 sessions.



*Relationships: How to Make Bad Relationships Better and Good Relationships Great. © 2002, Zondervan, By Drs. Les and Leslie Parrott.

Format: 1 60 minute video, 1 participant's guide, 1 leader's guide, 1 "Relationships" hardcover book.

Designed for college students, young adults, singles, and dating couples, this book teaches the basics of healthy relationships, including friendship, dating, sexuality, and relating to God; it is accompanied by a 48-page workbook.

Today more than ever, people long for connection. *Relationships* is an honest and timely guide to forming the rich relationships that are life's greatest treasure.

Heading below the surface to the depths of human interactions, relationship experts Les and Leslie Parrott show how to make bad relationships better and good relationships great. Here are the tools you need to handle tough times and to really succeed at forging strong, rewarding relationships with friends, with the opposite sex, with family, and with God. This cutting-edge book will help you understand

* Who you are and what you bring to your relationships * How your family of origin shapes the way you relate to others * How to bridge the gender gap and learn the language of the opposite sex * Tips for building friendships that last * Secrets to finding the love you long for and to handling sexual issues (How to handle failed friendships and breakups without falling apart * How to relate to God without feeling phony

In a high-tech world, *Relationships* offers a high-touch solution to a better life.



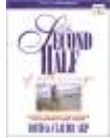
*Running the Rapids: Guiding Teenagers through Turbulent Waters of Adolescence. © 2005, Sampson Resources. With Dr. Kevin Leman.

Format: 6 sessions, 30 min in length, with leader's guide, promotion kit, and workbooks. Learn what teens and pre-teens face on a daily basis and how to make their family and home a place where teens feel safe and accepted.



*The Second Half of Marriage: Facing the Eight Challenges of the Empty-Nest Years. © 2000 by Zondervan Publishing House.

Format: 9 session video series, with leader's guide and participant's guide



Couples can rediscover each other and build a more mature, satisfying, and romantic life together.

*Single Parenting that Works!, with Dr. Kevin Leman. © 2002 by Sampson Company.

Format: 6-session kit with VHS tapes, DVD of entire series and Audio CD kit, facilitator's guide, and *Single Parenting That Works!* Workbook.



This study is designed to encourage single parents to build healthy relationships with their ex-spouses and to raise their children to love and honor the Lord.

*Teens vs. Parents: A 4-part Video-Driven Bible Study for Youth Groups. By Mark Matlock. © 2007 Bluefish.

The myth of a perfect family can lead to disappointment, frustration and anger. There is no perfect family. But many teenagers struggle with expectations and authority from their parents.

In these four sessions, Mark Matlock will give practical and Biblical instruction to teens to help repair and build healthy relationship with their parents. Real-life interviews with teenagers from across the country. Discover better ways for understanding, communication and forgiveness between teens and parents. Four insightful topics: The Myth of a Perfect Family, Living up to Expectations, Authority and Rebellion, and Friend or Foe.

Kit Includes: 2 DVDs, 60 page leader guide, reproducible handouts for the group.



*Value-Packed Parenting: Raising Rock Solid Kids in a Pleasure-Driven World. With Dr. Kevin Leman.

Format: Seven 30 min. DVD sessions, audio kit, workbooks, leader guide, and promotion kit. Lessons include: The 10 Best Gifts You'll Ever Give Your Kids, How to Listen So Kids Will Talk and How to Talk So Kids Will Listen, Discipline Isn't Spelled P-U-N-I-S-H-M-E-N-T, 10 Ways to Improve Your Child's Self-Confidence, Caution:

Anger Ahead!, Birth-Order—and What You Need to Know about it, Standing Up To the New Goliath.

